

# Learning Styles

## VERBAL

Words are your strongpoint!  
You prefer to use words both  
in speech and in writing!

## VISUAL

You prefer to use pictures,  
diagrams, images and spatial  
understanding to help you  
learn

## MUSICAL / AUDITORY

You prefer using sounds or  
music or even rhythms to  
help you learn.

## PHYSICAL / KINAESTHETIC

You use your hands, body  
and sense of touch to help  
you learn. You might 'act  
things out'.

## WHAT'S YOUR LEARNING STYLE?

## LOGICAL / MATHEMATICAL

Learning is easier for you if  
you use logic, reasoning,  
systems and sequences.

## SOCIAL

You like to learn new things  
as a part of a group.  
Explaining your  
understanding to a group  
helps you to learn.

## SOLITARY

You like to work alone. You  
use self-study and prefer your  
own company when  
learning.

## COMBINATION

Your learning style is a  
combination of two or more  
of these styles.