

Tacos/Tostadas/Taco Salad

1 lb. Ground beef
1 package taco seasoning mix
 $\frac{3}{4}$ cup water
Shredded cheese
Shredded lettuce
1 diced tomato
Taco sauce or Salsa
Jalapenos
Sour creme

Choose 1:
Soft taco shells
Hard Taco shells
Tostadas
Doritos/Tostidos

1. Put taco shells/tostados/tostidos on a cookie sheet and place in the oven at 200 degrees.
2. Brown ground beef in medium skillet over medium-high heat for 4-5 minutes or until the meat is no longer pink.
3. Drain fat from meat with a large spoon. Put fat in a small and throw away.
4. To skillet of browned ground beef, stir in taco seasoning mix and water. Boil, then reduce heat. Simmer 5-6 minutes until thick. Stir.
5. Spoon filling either on the taco shells, or tostados, or over the chips.
6. Top with lettuce, tomatoes, cheese, jalapenos, sour creme.

Yield: 10-12 Tacos/Tostados/Taco Salads